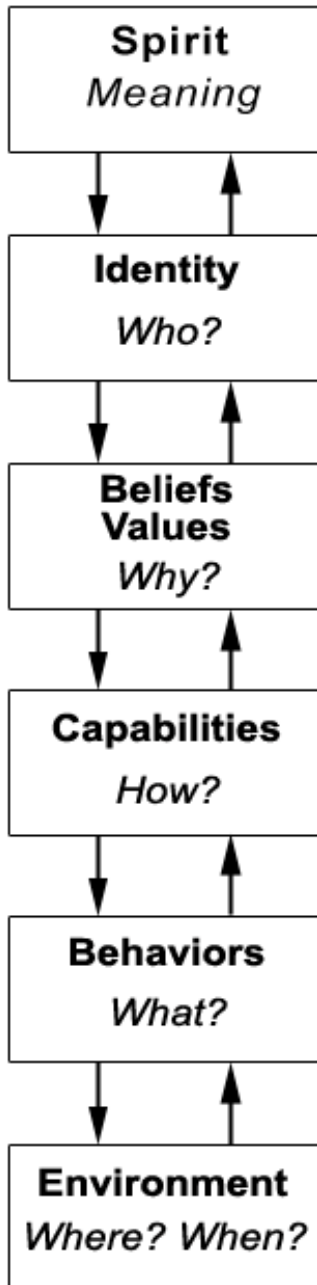


Logical Levels of Organization



From the psychological point of view there seem to be six levels that human beings work with most often:

- (1) The basic level is your *environment, your external constraints.*
- (2) You operate on that environment through your *behavior.*
- (3) Your behavior is guided by your mental maps and your strategies, which define your *capabilities.*
- (4) These capabilities are organized by *belief systems and values.*
- (5) Beliefs are organized by *identity.*
- (6) Your identity derives its essential meaning from spirit. “*Why are you here?*”

Adapted from "Changing Belief Systems with NLP", by Robert Dilts

